



# MVHS DAILY BULLETIN

Thursday, June 1, 2023

## This Week's Schedule

Monday	No School - Memorial Day
Tuesday	Green Day - Advisory Schedule
Wednesday	White Day - Regular Schedule
Thursday	Green Day - Regular Schedule Senior Finals 1st/3rd
Friday	White Day -Regular Schedule Senior Finals 5th/7th

## MVHS Regular Schedule 1st & 3rd Period Senior Finals

Time	Period
8:00-9:25	1st- FINAL
9:30-10:55	2nd
11:00-11:30	Lunch A
11:35-1:00	3rd-FINAL
11:00-12:25	3rd-FINAL
12:30-1:00	Lunch B
1:05-2:30	4th

CLASS OF  
2023  
SCHOOL DAYS  
COUNTDOWN

4

Remaining  
School Days

12

## IMPORTANT DATES

Yearbook Delivery Dates: June 5-9  
 MVHS Graduation: Friday, June 9, 2023  
 9th-11th Grade Finals: Tue, June 13 - Fri, June 16  
 Early Release Days: Friday, June 16  
 Last Day of School: Friday, June 16, 2023

## UPCOMING ACTIVITIES & EVENTS

Thursday, June 1 - Tuesday, June 6:

►Senior Finals

Thursday, June 1:

►Pizza w/a Pro-Seattle City Lights, 2nd Lunch Only  
 ►Last NHS Meeting, 2:40pm, Auditorium

Friday, June 2

►Pizza w/a Pro-Skagit Valley Hospital: Interpreters  
 ►Unified Dance Night, 3:30-5pm, Cafeteria

Monday, June 2:

►Pride Club-LGBTQ+ Info Night, 2:45-3:45pm, OM308  
 ►No Bulldog EDGE today.

Tuesday, June 6:

►Seniors-Help with SVC App, C&C Center, Lunches

Monday, June 12:

►Pride Club-LGBTQ+ Info Night, 2:45-3:45pm, OM308

## SUMMER ACTIVITIES FOR STUDENTS

Free Gym Memberships for Teens- [PLANET FITNESS](#)

Skagit Transit New [Youth Ride Free Program](#)

## Seniors -

Do you need help with your SVC Application for Fall Quarter? Stop by the 11/12th C&C Center on **Tue, 6/6, lunches.**

## Last NHS meeting of the Year

**Today, Thursday, June 1st** at 2:40pm in the auditorium!

## Bulldog EDGE

will not be held **Tuesday, June 6th**

## Unified Dance Night!

**Tomorrow, Friday, June 2nd, 3:30-5pm**, in the MVHS Cafeteria.

This is an inclusive, free event for people of all ages and abilities with a Mario World theme! Hope to see you there!

## Hello Bulldog Community!

As we all know, this past year has been stressful for staff, students, and families! The campus is still recovering from COVID closures, but is beginning to feel normal once again.

With this in mind, MVHS wants to participate in a tradition taking place nationwide to reduce stress- emotional support dogs! Numerous [studies](#) and research projects have shown these dogs can help improve the mental health of people, and especially students! On June 2nd, when seniors are entering finals week and the rest of the school is preparing for finals, we are inviting a local organization called "[Dogs On Call](#)" to help us by bringing in some of their dogs to the friendship circle during all lunches!

However, we also recognize that not all students will be comfortable around animals! Students who are allergic to dogs or have phobias/fears of dogs are respectfully asked to avoid the friendship circle during lunches on these days, if possible! There will still be space outside for these students, such as the picnic tables nearby the student store and CTE building, or (for students who are comfortable hearing/seeing the dogs from a distance) the other picnic tables surrounding the friendship circle! And, the dogs will be staying outside during these days, so the cafeteria will remain completely safe!

Thank you for your participation and help! We hope this project goes well, and to see some of you outside on the 2nd!

Thank you!

## ATHLETIC DEPT NEWS

MVHS Schedule found here: [TEAM EVENTS](#)

Purchase Bulldog spirit wear here: [SPIRIT STORE](#)

## MVHS CLUBS

**ART Club** - meets Tues/Thurs, 2:30-4, AG1

**AVID Club** - every other Monday, CTE-1, 2:40

**Debate Team** - Mon/Tue, 3-5pm, Admin 114

**DECA** - Tuesdays, 2:30PM, N102

**FBLA** - Mondays, 2:35PM, CTE 9

**FCCLA** - meets Mondays, 2:45 pm, NM321

**FFA** - Mondays, 2:40pm, in CTE2

**Gaming Club** - White Thursdays, 2:30-4pm, N120

**Garden Club** - Every other Thurs, 2:30pm, CTE-2

**Key Club** - Weds, Early Release, 2:45pm, N206

**LUCHA Club** - Thursday's at 2:30 in NM223

**Migrantes Unidos MV** - Tuesdays, 2:45pm, OM114

**Outdoor Leadership** - Frid's, 2:40pm, Friendship Cir

**Pacific Islander Assoc.** - Thurs, 2:45 pm, OM 108

**Pride Club** - Mondays, 2:45pm, OM308

**Robotics Team** - Tues/Fri, 3:30- 6:30 in CTE 10

**Slavic Heritage Language Club** - Mon, 2:30pm, CTE

**TSA** - meets Thursdays, 2:45pm, CTE 6

## IMPORTANT NUMBERS:

**Athletic Office: 360-428-6191**

Sports Schedules and Event Information

**Attendance Office: 360-428-6153**

Report Student Absence or Tardy

**College & Career Center: 360-428-6256**

**Counseling Office: 360-428-6156**

Registration, Schedules, Transcripts, Running Start

**MVSD Student Health Services, 360-428-6151**

**Transportation: 360-428-6147**

Bus and Schedule Information

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## Class of 2023

The [Evergreen Beauty College](#) invites MVHS Seniors for a

Free Haircut OR a Free Shampoo & Style before the parade on 6/9.

Call to schedule (360) 755-6446

## [Class of 2023 Graduation Guide](#)

## [Senior Graduation Meeting Presentation](#)

### MVHS Graduation Checklist

- ☐ ORDERED CAP & GOWN. IF NOT GO TO: [jostens.com](#)
- ☐ PICKED UP CAP & GOWN
- ☐ FINES AND FEES PAID BY JUNE 9 @ NOON TO ASB
- ☐ LIBRARY ITEMS RETURNED IN BY MAY 31,  
Library Books/Items, Textbooks, Chromebooks
- ☐ FINAL CHECKOUT/ PICK UP GRADUATION TICKETS, 6/7-6/9

### Important Dates For Seniors:

**Wed, 5/31:** All library items/classroom/material/textbooks not needed for finals due.

**June 1, 2, 5 & 6:** Senior Semester Finals. Return textbooks/chromebooks used for finals on completion.

**Jun 7-9:** Senior Check Out

- Wednesday, June 7th, 10 am-3pm
- Thursday, June 8th, 7am-3pm
- Friday, June 9th, 7am-12pm

**Wed, 6/7:**

- Graduation Practice: at 8am in the MVHS Gym
- Moving Up Assembly, 9:15-10:15 am, MVHS Gym
- Senior Sunset, 8:30pm, football field, treats
- Senior Yearbook Distribution during lunches

**Frid, 6/9:** Last day to pay fines & fees. Pay by noon.

**Frid, June 9, Graduation Day:**

- **Senior Sunrise Breakfast** 8:30-9:30am in the cafeteria.
- **Parade** begins at 10am at the City Library.
- **Graduates load bus** at 9:30am with cap and gown for parade.
- **Seniors arrive** at Angel of the Winds Arena, 5:30pm
- **Ceremony** at 7PM at [Angel of the Winds Arena](#),

2000 Hewitt Avenue, Everett, Washington

[New Bag Policy](#)

### Senior High School & Beyond Plan Completion Assistance

**ALL seniors must have completed the High School & Beyond Plan requirements in Naviance in order to graduate!**

Seniors cannot checkout if the High School & Beyond Plan is incomplete, even if all other requirements have been met.

Any seniors that need help finishing, please stop by the College & Career Center from 2:30 - 3:00 on Thursday 6/1 or Friday 6/2

SENIOR  
CORNER

Graduation Parade  
Information  
[Click HERE](#)



Don't enjoy  
standing in long lines?  
Pay your fees & fines  
NOW!  
On Family Skyward  
Access or ASB Office  
with cash, check, debit,  
or credit card.







# June 2023

**Mount Vernon High School**  
**Special**  
*Growing Healthy Students!*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29-MAY	30-MAY	31-MAY	1-JUN	2-JUN
<b>MEMORIAL DAY!</b> <b>No SCHOOL</b> <b>No FOOD SERVICES</b>	SPAGHETTI WITH MEATSAUCE	SWEET CHILI CHICKEN RICE BOWLS	FETTUCINNE ALFREDO	BEEF TERIYAKI BOWL WITH RICE
	GARLIC BREAD	BROCCOLI & CARROTS	BREAD STICKS	AND BROCCOLI
	FRESH FRUIT AND VEGGIES	FRESH FRUIT AND VEGGIES	FRESH FRUIT AND VEGGIES	FRESH FRUIT AND VEGGIES
	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK
5-JUN	6-JUN	7-JUN	8-JUN	9-JUN
BAKED POTATO CHILI W/CORNBREAD	SPAGHETTI WITH MEATSAUCE	<i>Eat Local Day</i> FRESH HOMEMADE BBQ PULLED PORK	MACARONI AND CHEESE	BEEF TERIYAKI BOWL WITH RICE
FORTUNE COOKIE	GARLIC BREAD	HOMEMADE COLE SLAW	ROLLS	AND BROCCOLI
FRESH FRUIT AND VEGGIES	FRESH FRUIT AND VEGGIES	FRESH FRUIT AND VEGGIES	FRESH FRUIT AND VEGGIES	FRESH FRUIT AND VEGGIES
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK
12-JUN	13-JUN	14-JUN	15-JUN	16-JUN
BAKED POTATO WITH CHILI	SPAGHETTI WITH MEATSAUCE	SWEET CHICKEN CHILI	FETTUCINNE ALFREDO	COOKS CHOICE
CRAKER OR BREAD	GARLIC BREAD	RICE BOWLS WITH BROCCOLI AND CARROTS	BREAD STICKS	FRUIT
FRESH FRUIT AND VEGGIES	FRESH FRUIT AND VEGGIES	FRESH FRUIT AND VEGGIES	FRESH FRUIT AND VEGGIES	FRESH VEGGIES
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK



Summer Meal Service - Free for any child 18 and under.  
Breakfast & Lunch.

**Mount Vernon High School** June 26 - August 5th.  
Monday- Thursday, Closed Fridays, Closed July 4th.  
**Skagit Valley College** July 11th - August 10th.  
Monday- Thursday, Closed Fridays.

**\*\* Times TBD**

**MEAL PRICES:**

**ELEMENTARY BREAKFAST & LUNCH: NO CHARGE**  
**ADULT LUNCH & SALAD BAR: \$5.00**  
**SIDE MILK: \$0.75**

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER. MENU SUBJECT TO CHANGE WITHOUT NOTICE. **QUESTIONS? CALL DAVID CONNORS FOOD SERVICES DIRECTOR, AT (360) 428-6149.**

**Enjoy your summer!**



## NONDISCRIMINATION

The Mount Vernon School District does not discriminate in employment, programs, or activities on the basis of age, race, color, national origin, creed, religion, sex, sexual orientation, gender expression, gender identity, honorably discharged veteran or military status, or the presence of any sensory, mental or physical disability or use of a trained guide dog or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the District's Title IX/Civil Rights Compliance Coordinator, Bill Nutting, Assistant Superintendent, 124 E. Lawrence Street, Mount Vernon, WA 98273 (360)428-6110; Section 504/ADA Coordinator, Clint Carlton, Executive Director/Student Support Services, 920 S. Second Street, Mount Vernon, WA 98273, (360)428-6141.

## MISTAKES & ERRORS

The author of this bulletin is human, so please do not be surprised if there is occasional errors. Thank you.