



MVHS DAILY BULLETIN

Thursday, December 8, 2022

This Week's Schedule	
Monday	White Day - Regular Schedule
Tuesday	Green Day - Advisory Schedule
Wednesday	White Day - Early Release Schedule
Thursday	Green Day - Regular Schedule
Friday	White Day - PM Assembly Schedule

Today's Bell Schedule	
Time:	Class Period:
8:00-9:25	1st/5th
9:30-10:55	2nd/6th
11:00-11:30	Lunch A
11:35-1:00	3rd/7th
11:00-11:45	3rd/7th
11:50-12:20	Lunch B
12:25-1:00	3rd/7th
11:00-12:25	3rd/7th
12:30-1:00	Lunch C
1:05-2:30	4th/8th

IMPORTANT DATES

December Early Release Days: Dec. 14

Winter Break: Dec. 21, 2022 - Jan. 2, 2023

Second Semester Starts: January, 31, 2023

THIS WEEKS ACTIVITIES & EVENTS

Thursday, December 8:

Home Games

- ▶ V Boys Swimming vs Ferndale HS, 3pm, at SV YMCA
- ▶ C/JV Boys Basketball vs BEHS, 5:40/7:15pm, MVHS
- ▶ JV Girls Basketball vs BEHS, 5:40pm, at MVHS

Away Games

- ▶ V Boys Wrestling vs BEHS, 6pm, at SWHS
- ▶ V Boys Wrestling vs SWHS, 7pm, at SWHS

Friday, December 9:

- ▶ Pizza w/a Pro, lunches, room NM204
- ▶ MVHS Club/Sports Recognition Assembly, 2pm, Gym

Are you interested in Engineering?

Then come and join us for Pizza with a Pro with Jose Tapia who's an Engineer System Architecture for T-Mobile. Tomorrow, Friday During All Lunches. in NM 104

MVHS Holiday Spirit Week Starts Monday, December 12

Monday, Dec 12 – Heat Wave vs. Cold Front

Tuesdays, Dec 13 – Mismatch Day

Wednesday, Dec 14 – Dynamic Duo Day

Thursday, Dec 15 – Winter White Out

Friday, Dec 16 – Bulldog Spirit Day

Monday, Dec 19 – Sunday Best Day

Tuesday, Dec 20 – Ugly Sweater Day

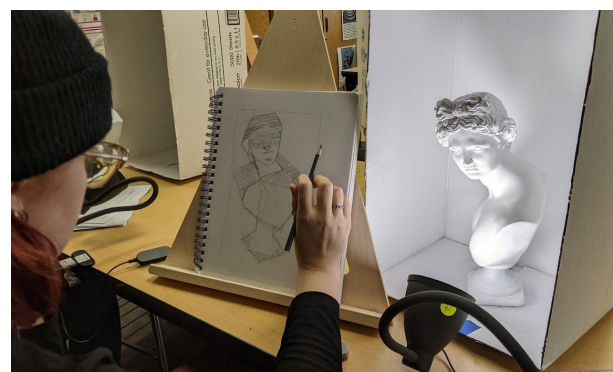
Robotics season starts the 7th of January!

Come participate on our award winning team! No experience necessary, we will teach you what you need to know. We meet Tue/Thur, 3:30-6:30 in CTE10. Questions /more information contact Mrs. Slater at mslater@mvsd320.org

Cast Shadows

Just one of the many things MVHS art students are working on. Click here to see more.

[MVHS Art](#)



Senior Corner

It's scholarship time! The College and Career Center provides a Step by Step Guide for applying to scholarships. Visit our website to learn more. [C&CC](#)

Final day to order your Senior Ad is 2-1-2023. The price will is \$60 for 1/4 page ad and \$120 for 1/2 page ad. [Click here to design your ad.](#)

College Application Deadlines - [Click Here](#)

Graduation: June 9, 2023, held at Angel of the Winds Arena, Everett, WA 7pm

AFTER SCHOOL OPPORTUNITIES:

Bulldog E.D.G.E. - Homework help, M-F, 2:30-4pm,
Early Release, 12:30-2:45pm MVHS Library

Boys & Girls Club -Activities/Games, M-F, 2:30-5pm,
MVHS Cafeteria, sign up at skagitclubs.org

Late Bus - M-R, 4pm pick up, E.R.days 3pm, cafeteria

MVHS CLUBS

ART Club - meets Tues/Thurs, 2:30-4, AG1

AVID Club - every other Monday, CTE-1, 2:40

FBLA - Mondays , 2:35PM, CTE9

FCCLA- meets Mondays, 2:45 pm, NM321

FFA - Mondays, 2:40pm, in CTE2

Debate Team - Mon/Tue, 3-5pm, Admin 114

Gaming Club - White Thursdays, 2:30-4pm, N120

Key Club - Weds,Early Release, 2:45pm, N206

LUCHA Club- Thursday's at 2:30 in NM223

Outdoor Leadership -Frid's,2:40pm,Friendship Cir

Pacific Islander Assoc.-Thurs, 2:45pm, OM108

Pride Club - Mondays, 2:45pm, OM308

Robotics Team- Tues/Thur, 3:30- 6:30 in CTE 10

TSA - meets Thursdays, 2:45pm, CTE 6

IMPORTANT NUMBERS:

Athletic Office: 360-428-6191

Sports Schedules and Event Information

Attendance Office: 360-428-6153

Report Student Absence or Tardy

College & Career Center: 360-428-6256

Counseling Office: 360-428-6156

Registration, Schedules,Transcripts, Running Start

MVSD Student Health Services, 360-428-6151

Transportation: 360-428-6147

Bus and Schedule Information

USEFUL LINKS

[Art Department](#)

[College & Career Center](#)

[Music Department](#)

[MVHSTV](#)

[Athletic Event Schedule](#)

[MVHS Website](#)

[Student Health Services](#)

[TEA WITH DR. V](#)

[Student Health Services](#)

[MVHS Facebook](#)

[MVHS Instagram](#)

[MVHS Counseling](#)

Science Night is BACK for 2023!

Do you looooooove Science Night? Do you want to help make it happen? You can sign up for the Science Night Fans & Volunteers Google Classroom! You will get Science Night updates and be the first to hear about volunteer opportunities! Students AND Staff can join our Science Night Google Classroom! Join Code: mgnpxvs Science Night is 4/20/23

Senior Parents

The College and Career Center has a video and presentation available to answer questions about the college application process and more. Visit the [MVHS College and Career Center website](#). Parents to watch the video and review the presentation. Ms. Zimmer is available via email at pzimmer@mvsd320.org or by phone at 360.428.6256.

Questions About Transcripts, Running Start, Registration, NCTA, and More?

The MVHS Counseling Department provides students and families resources to help navigate high school and beyond. School counselors can assist you with academics, college and career readiness and personal/social concerns and support. Contact the counseling office at 360-428-6156 or check out their website [MVHS Counseling Department](#)

Your School Photos Are Ready!

JostensPIX was recently at your school to photograph picture day, and your student's photos are now available for viewing and ordering! Click on the link below to get started. [VIEW AND ORDER PHOTOS HERE](#) Photos not appearing in your gallery? Find your student using event code: FE217522

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MISTAKES & ERRORS

The author of this bulletin is human, so please do not be surprised if there are occasional errors. Thank you.



DECEMBER 2022

Mount Vernon High School Special

Growing Healthy Students!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5-DEC	6-DEC	7-DEC	8-DEC	9-DEC
PEPERONI CALZONES MARINARA SAUCE	CHICKEN STRIPS	MANDARIN ORANGE CHICKEN	PASTA BAKE	CHICKEN BACON RANCH BURGER
TREAT	DORITOS	STEAMED RICE & VEGGIES	ROLL	
FRESH FRUIT AND VEGETABLES	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT AND VEGETABLES	FRESH FRUIT AND VEGETABLES
1% WHITE MILK AND CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK
12-DEC	13-DEC	14-DEC	15-DEC	16-DEC
MAX MOZZ BREADSTICKS MARINARA SAUCE	BAKED POTATO BAR CHEESE & SOUR CREAM	CORNDOG	TURKEY GRAVY MASHED POTATOES	HOT HAM AND CHEESE SANDWICH
FRUIT ROLL UP	BUTTER	TATER TOTS	GREEN BEANS	CHIPS
FRESH FRUIT SALAD BAR	CHILI AND BROCCOLI FRUIT AND VEGETABLES	FRESH FRUIT AND VEGETABLES	ROLL HOLIDAY CAKE	FRESH FRUIT AND VEGETABLES
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK
19-DEC	20-DEC	21-DEC	22-DEC	23-DEC
CHICKEN STRIPS	COOK'S CHOICE	 WINTER BREAK - NO SCHOOL 	 WINTER BREAK - NO SCHOOL 	 WINTER BREAK - NO SCHOOL 
DORITOS	HOLIDAY TREAT			
FRESH FRUIT	FRESH FRUIT			
AND VEGETABLES	AND VEGETABLES			
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK			
 December 22, 2022 - January 2, 2023  Back on January 3				

This institution is an equal opportunity provider and employer. Menu subject to change without notice.
Questions? Call David Connors, Food Services Director, at (360) 428-6149.

Meal Prices:

Elementary Breakfast & Lunch: **No Charge**

Adult Lunch & Salad Bar: **\$5.00**

Side Milk: **\$0.75**

**EACH LUNCH COMES COMPLETE WITH SALAD BAR OR
FRESH VEGETABLE, CHOICE OF FRESH FRUIT, AND MILK**

