



MVHS DAILY BULLETIN

Monday, November 7, 2022

This Week's Schedule	
Monday	Green Day - Regular Schedule
Tuesday	White Day - Advisory Schedule
Wednesday	Green Day - Regular Schedule
Thursday	White Day - Regular Schedule
Friday	No School - Veterans Day

Today's Bell Schedule	
Time:	Class Period:
8:00-9:25	1st/5th
9:30-10:55	2nd/6th
11:00-11:30	Lunch A
11:35-1:00	3rd/7th
11:00-11:45	3rd/7th
11:50-12:20	Lunch B
12:25-1:00	3rd/7th
11:00-12:25	3rd/7th
12:30-1:00	Lunch C
1:05-2:30	4th/8th
2:35-4:00	9th/10th

Important Dates

- Picture Retakes/Make-Up: November 10
- Veterans Day-No School: Friday, November 11
- Winter Sports Start: Monday, November 13
- November Early Release Days: Nov. 16, 23
- Thanksgiving Break-No School: Nov 24 & 25
- Winter Break: Dec. 21, 2022 - Jan. 2, 2023

Upcoming Activities & Events

Monday, November 7

- ▶NO Games Today

Thursday, November 10

- ▶Junior Fall Hangout, 2:45-4pm, NM W. Foyer

Senior Corner

Senior Yearbook Ads

The final day to order your Senior Ad is 2-1-2023. The price will be \$60 for 1/4 page ad and \$120 for 1/2 page ad. [Click here to design your ad.](#)

Senior Parents

The College and Career Center has a video and presentation available to answer questions about the college application process and more. Visit the [MVHS College and Career Center website](#). Parents to watch the video and review the presentation. Ms. Zimmer is available via email at pzimmer@mvsd320.org or by phone at 360.428.6256.

Interested MVHS Wrestling program?

Girls interested, there is an informational meeting, **today, Monday Nov. 7th** at 2:45 in the Mat Room. Please contact Coach Landis in Old Main 103 with any questions.

Boys interested, please come meet your coach in the Mat Room on Wednesday November 9th at 2:30 PM

Girls Basketball Begins November 14

If you plan to play, you must be signed up in [Final Forms](#). If you need assistance with Final Forms please contact the Athletics Office, Coach Hagg or Coach Hazelwood.

Thursday, November 10th

Last Day for Picture Make-Ups & Retakes

There are a lot of students who have not had their picture taken yet. Students will not only be able to get into games for free without an ASB card, but they will also not appear in the yearbook. Pictures begin at 8am and finish at 3pm in alpha order on Thursday, November 10. Schedule will be available.

Voting for the Design of the All School T-Shirt Is Now Open!!

Voting closes tomorrow, Tuesday, 11/8 after advisory. Make your choice known by casting your ballot. The top 6 designs will move on to the next round of voting. Your ASB can't wait to get one of these shirts in the hands of every MVHS student free of charge! [CLICK HERE TO VOTE](#)

FOLLOW MVHStv ON FACEBOOK!

For all the latest news, sports, announcements, and more, follow [MVHStv on Facebook](#).

College & Career Center

College Rep Visits:

Oregon State University - 11/8 at 9am

MVHS Clubs

ART Club - meets Tues/Thurs, 2:30-4, AG1

AVID Club - every other Monday, CTE-1, 2:40

FBLA - Mondays, 2:35PM, CTE9

FCCLA- meets Mondays, 2:45 pm, NM321

FFA - Mondays, 2:40pm, in CTE2

Debate Team - Mon/Tue, 3-5pm, Admin 114

Key Club - Weds, Early Release, 2:45pm, N206

LUCHA Club- Thursday's at 2:30 in NM223

Outdoor Leadership -Fridays, 2:40pm, Friendship Cir

Pacific Islander Assoc.-Thurs, 2:45pm, OM108

Pride Club - Mondays, 2:45pm, OM308

Robotics Team- Tues/Fri, 3:30- 6:30 in CTE 10.

TSA - meets Thursdays, 2:45pm, CTE 6

Important Numbers:

Athletic Office: 360-428-6191

Sports Schedules and Event Information

Attendance Office: 360-428-6153

Report Student Absence or Tardy

College & Career Center: 360-428-6256

Counseling Office: 360-428-6156

Registration, Schedules, Transcripts, Running Start

Transportation: 360-428-6147

Bus and Schedule Information

Useful Links

[Art Department](#)

[College & Career Center](#)

[Music Department](#)

[MVHStv](#)

[Athletic Event Schedule](#)

[MVHS Website](#)

[Student Health Services](#)

[TEA WITH DR. V](#)

MVSD STUDENT HEALTH SERVICES

HEALTH SERVICE QUESTIONS?

Click [MVSD Student Health Services](#) to find the answers.

COVID QUESTIONS?

Click [MVSD COVID Information Page](#) to find answers?

Homecoming Portraits Available

All proceeds go towards the free/reduced lunch student discount on yearbooks. [MVHS Homecoming Photos 22/23](#)

Your School Photos Are Ready!

JostensPIX was recently at your school to photograph picture day, and your student's photos are now available for viewing and ordering! Click on the link below to get started. [VIEW AND ORDER PHOTOS HERE](#) Photos not appearing in your gallery? Find your student using event code: FE217522

Join Us Every Day After School!

The Boys and Girls Club meets everyday after school at 2:30 in the cafeteria. Experience VR, Magic Club, and Field Trips! Sign up at [skagitclubs.org](#) or talk to a staff member at the club.

Afterschool Homework Help? Bulldog EDGE

Monday-Thursday in the MVHS Library from 2:30-4pm

The After School Activities Bus

runs M-TH (except early release days) picks you up outside the cafeteria at 4. You will need a bus pass from your teacher and/or activity advisor.

New Bulldog Spirit Gear Store

VHS has switched vendors for our online spirit gear store. The new Under Armour store can be found by visiting the following:

[MVHS Sprit Gear Store](#)

Check out our MVHS Art Department!

They are doing amazing things! [Click Here!](#)

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The Mount Vernon School District does not discriminate in employment, programs, or activities on the basis of age, race, color, national origin, creed, religion, sex, sexual orientation, gender expression, gender identity, honorably discharged veteran or military status, or the presence of any sensory, mental or physical disability or use of a trained guide dog or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the District's Title IX/Civil Rights Compliance Coordinator, Bill Nutting, Assistant Superintendent, 124 E. Lawrence Street, Mount Vernon, WA 98273 (360)428-6110; Section 504/ADA Coordinator, Clint Carlton, Executive Director/Student Support Services, 920 S. Second Street, Mount Vernon, WA 98273, (360)428-6141.

MISTAKES & ERRORS

The author of this bulletin is human, so please do not be surprised if there are occasional errors. Thank you.

NOVEMBER 2022

Mount Vernon High School Special

Growing Healthy Students!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7-Nov	8-Nov	9-Nov	10-Nov	11-Nov
PEPPERONI CALZONE MARINARA SAUCE/ TREAT	CHICKEN STRIPS CHIPS	MANDARIN ORANGE CHICKEN POT STICKERS	FLAUTAS Treat	VETERAN'S DAY NO SCHOOL
FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	
14-Nov	15-Nov	16-Nov	17-Nov	18-Nov
CORNDOG CHIP	CHICKEN SALAD CROISSANT CHIPS	BURRITO FRITO CHIPS W/PICO DE GALLO	TURKEY GRAVY AND MASHED POTATOES DINNER ROLL & COOKIE!	CHEESE STUFFED BREADSTICKS TOMATO SOUP GOLDFISH CRACKERS
FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK
21-Nov	22-Nov	23-Nov	24-Nov	25-Nov
CHICKEN STRIPS SUNCHIPS	PIEROGIS	FLAUTAS Treat	THANKSGIVING DAY! NO MEAL SERVICE	NO MEAL SERVICE
FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT AND VEGETABLES		
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK		
28-Nov	29-Nov	30-Nov	1-Dec	2-Dec
CHEESE STUFFED BREADSTICKS MARINARA SAUCE/ TREAT	BREAKFAST FOR LUNCH OMELET, SAUSAGE PATTY BISCUIT	MACARONI AND CHEESE ROLL	MASHED POTATO BOWL POPCORN CHICKEN/CORN	PEPPERONI CALZONE MARINARA SAUCE/TREAT
FRESH FRUIT SALAD BAR	FRESH FRUIT AND SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK



EACH LUNCH COMES COMPLETE WITH
SALAD BAR OR FRESH VEGETABLE,
CHOICE OF FRESH FRUIT, AND MILK

Meal Prices:
Elementary Breakfast & Lunch: No
Charge
Adult Lunch & Salad Bar: \$5.00
Side Milk: \$0.75

This institution is an equal opportunity provider and employer. Menu subject to change without notice. Questions? Call David Connors, Food Services Director at 360-428-6149