



MVHS DAILY BULLETIN

Monday, November 21, 2022

This Week's Schedule	
Monday	White Day - Regular Schedule
Tuesday	Green Day - Advisory Schedule
Wednesday	White Day - Early Release
Thursday	Thanksgiving Break-No School
Friday	Thanksgiving Break-No School

Today's Bell Schedule	
Time:	Class Period:
8:00-9:25	1st/5th
9:30-10:55	2nd/6th
11:00-11:30	Lunch A
11:35-1:00	3rd/7th
11:00-11:45	3rd/7th
11:50-12:20	Lunch B
12:25-1:00	3rd/7th
11:00-12:25	3rd/7th
12:30-1:00	Lunch C
1:05-2:30	4th/8th
2:35-4:00	9th/10th

IMPORTANT DATES

- November Early Release Days: Nov. 23
- Thanksgiving Break-No School: Nov 24 & 25
- December Early Release Days: Dec. 7 & 14
- Winter Break: Dec. 21, 2022 - Jan. 2, 2023
- Second Semester Starts: January, 31, 2023

UPCOMING ACTIVITIES & EVENTS

- Monday, November 21:**
 - V Girls Bowling @ Cascade HS, 3:30pm, Mt. Baker Lanes
- Tuesday, November 22:**
 - Junior College Blngo, N104, at Lunch, Food&Fun

GEAR UP Presents

Class 2023, come to CCC on November 30th, 4-5:30pm, if you haven't completed your financial Aid Application and need help with it. This is a space for parents and/or students to have extra support in this process.

Juniors

you are all invited to College Bingo on Tuesday 11/22. In the College and Career Center in NM104 During your lunch time. Food will be provided.

Senior Parents

The College and Career Center has a video and presentation available to answer questions about the college application process and more. Visit the [MVHS College and Career Center website](#). Parents to watch the video and review the presentation. Ms. Zimmer is available via email at pzimmer@mvsd320.org or by phone at 360.428.6256.

Questions About Transcripts, Running Start, Registration, NCTA, and More?

The MVHS Counseling Department provides students and families resources to help navigate high school and beyond. School counselors can assist you with academics, college and career readiness and personal/social concerns and support. Contact the counseling office at 360-428-6156 or check out their website [MVHS Counseling Department](#)

Senior Corner

It's scholarship time! The College and Career Center provides a Step by Step Guide for applying to scholarships. Visit our website to learn more.

Final day to order your Senior Ad is 2-1-2023. The price will be \$60 for 1/4 page ad and \$120 for 1/2 page ad. [Click here to design your ad.](#)

College Application Deadlines - [Click Here](#)

Graduation: June 9, 2023, Angel of the Winds Arena, 7pm

AFTER SCHOOL OPPORTUNITIES:

Bulldog E.D.G.E. - Homework help, M-F, 2:30-4pm,
Early Release, 12:30-2:45pm MVHS Library

Boys & Girls Club -Activities/Games, M-F, 2:30-5pm,
MVHS Cafeteria, sign up at skagitclubs.org

Late Bus - M-R, 4pm pick up, E.R.days 3pm, cafeteria

MVHS CLUBS

ART Club - meets Tues/Thurs, 2:30-4, AG1

AVID Club - every other Monday, CTE-1, 2:40

FBLA - Mondays , 2:35PM, CTE9

FCCLA- meets Mondays, 2:45 pm, NM321

FFA - Mondays, 2:40pm, in CTE2

Debate Team - Mon/Tue, 3-5pm, Admin 114

Gaming Club - White Thursdays, 2:30-4pm, N120

Key Club - Weds,Early Release, 2:45pm, N206

LUCHA Club- Thursday's at 2:30 in NM223

Outdoor Leadership -Frid's,2:40pm,Friendship Cir

Pacific Islander Assoc.-Thurs, 2:45pm, OM108

Pride Club - Mondays, 2:45pm, OM308

Robotics Team- Tues/Fri, 3:30- 6:30 in CTE 10.

TSA - meets Thursdays, 2:45pm, CTE 6

IMPORTANT NUMBERS:

Athletic Office: 360-428-6191

Sports Schedules and Event Information

Attendance Office: 360-428-6153

Report Student Absence or Tardy

College & Career Center: 360-428-6256

Counseling Office: 360-428-6156

Registration, Schedules,Transcripts, Running Start

MVSD Student Health Services, 360-428-6151

Transportation: 360-428-6147

Bus and Schedule Information

USEFUL LINKS

[Art Department](#)

[College & Career Center](#)

[Music Department](#)

[MVHSTV](#)

[Athletic Event Schedule](#)

[MVHS Website](#)

[Student Health Services](#)

[TEA WITH DR. V](#)

[Student Health Services](#)

[MVHS Facebook](#)

[MVHS Instagram](#)

Science Night is BACK for 2023!

Do you looooooove Science Night? Do you want to help make it happen? You can sign up for the Science Night Fans & Volunteers Google Classroom! You will get Science Night updates and be the first to hear about volunteer opportunities! Students AND Staff can join our Science Night Google Classroom! Join Code: [mgnpxvs](#) Science Night is 4/20/23

Your School Photos Are Ready!

JostensPIX was recently at your school to photograph picture day, and your student's photos are now available for viewing and ordering! Click on the link below to get started. [VIEW AND ORDER PHOTOS HERE](#) Photos not appearing in your gallery? Find your student using event code: FE217522

'Tis the season for Winter Illnesses

We are seeing a variety in our schools. Please keep your students home if they have signs or symptoms of illness, and call the school office right away to report absences. Visit our Student Health Services website for more information.

Click To See What We Are Doing In Art Class!



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MVHS DAILY BULLETIN

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NONDISCRIMINATION

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MISTAKES & ERRORS

The author of this bulletin is human, so please do not be surprised if there are occasional errors. Thank you.

NOVEMBER 2022

Mount Vernon High School Special

Growing Healthy Students!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7-Nov	8-Nov	9-Nov	10-Nov	11-Nov
PEPPERONI CALZONE MARINARA SAUCE/ TREAT	CHICKEN STRIPS CHIPS	MANDARIN ORANGE CHICKEN POT STICKERS	FLAUTAS Treat	VETERAN'S DAY NO SCHOOL
FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	
14-Nov	15-Nov	16-Nov	17-Nov	18-Nov
CORNDOG CHIP	CHICKEN SALAD CROISSANT CHIPS	BURRITO FRITO CHIPS W/PICO DE GALLO	TURKEY GRAVY AND MASHED POTATOES DINNER ROLL & COOKIE!	CHEESE STUFFED BREADSTICKS TOMATO SOUP GOLDFISH CRACKERS
FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK
21-Nov	22-Nov	23-Nov	24-Nov	25-Nov
CHICKEN STRIPS SUNCHIPS	PIEROGIS	FLAUTAS Treat	THANKSGIVING DAY! NO MEAL SERVICE	NO MEAL SERVICE
FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT AND VEGETABLES		
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK		
28-Nov	29-Nov	30-Nov	1-Dec	2-Dec
CHEESE STUFFED BREADSTICKS MARINARA SAUCE/ TREAT	BREAKFAST FOR LUNCH OMELET, SAUSAGE PATTY BISCUIT	MACARONI AND CHEESE ROLL	MASHED POTATO BOWL POPCORN CHICKEN/CORN	PEPPERONI CALZONE MARINARA SAUCE/TREAT
FRESH FRUIT SALAD BAR	FRESH FRUIT AND SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK



EACH LUNCH COMES COMPLETE WITH
SALAD BAR OR FRESH VEGETABLE,
CHOICE OF FRESH FRUIT, AND MILK

Meal Prices:
Elementary Breakfast & Lunch: No
Charge
Adult Lunch & Salad Bar: \$5.00
Side Milk: \$0.75

This institution is an equal opportunity provider and employer. Menu subject to change without notice. Questions? Call David Connors, Food Services Director at 360-428-6149