



MVHS DAILY BULLETIN

Wednesday, November 16, 2022

This Week's Schedule	
Monday	Green Day - Regular Schedule
Tuesday	White Day - Advisory Schedule
Wednesday	Green Day - Early Release
Thursday	White Day - Regular Schedule
Friday	Green Day - Regular Schedule

Today's Bell Schedule	
Time:	Class Period:
8:00-8:55	1st/5th
9:00-9:55	2nd/6th
9:55-10:25	Lunch A
10:30-11:30	3rd/7th
10:00-10:25	3rd/7th
10:30-11:00	Lunch B
11:05-11:30	3rd/7th
10:00-10:55	3rd/7th
11:00-11:30	Lunch C
11:35-12:30	4th/8th
12:35-1:30	9th/10th

IMPORTANT DATES

November Early Release Days: Nov. 16, 23
 Thanksgiving Break-No School: Nov 24 & 25
 Winter Break: Dec. 21, 2022 - Jan. 2, 2023

UPCOMING ACTIVITIES & EVENTS

Wednesday, November 16:

- ▶No Athletic Events Today
- ▶Orchestra Concert, MVHS Auditorium, 7pm
- ▶Financial Aid App workshop, in CCC, 4-5:30pm

Friday, November 18:

- ▶Friendsgiving, Cafeteria, 5:30-10pm
- ▶Mariachi Concert, MVHS Auditorium, 7pm

Saturday, November 19:

- ▶Music Dept Craft Fair, MVHS Gym, 9am-3pm

Senior Corner

It's scholarship time! The College and Career Center provides a Step by Step Guide for applying to scholarships. Visit our website to learn more.

Final day to order your Senior Ad is 2-1-2023. The price will be \$60 for 1/4 page ad and \$120 for 1/2 page ad. [Click here to design your ad.](#)

UW application is due TODAY! If you need any last minute assistance, there is a virtual help session offered by UW available today from 3-5pm. Register here.

'Tis the season for Winter Illnesses

We are seeing a variety in our schools. Please keep your students home if they have signs or symptoms of illness, and call the school office right away to report absences. Visit our Student Health Services website for more information.

Will your club or sport be in the recognition parade?

We are having a banner-making session today, Wednesday in the cafeteria after school @ 12:45pm. If you are unsure if your club or sport is participating, check in with your coach or advisor ASAP.

Interested in playing lacrosse in the Spring?

Come to the information meeting in Mr. Hill's room (NM 220) at 7:15am this Thursday morning. If you cannot make the meeting but are interested, stop by Mr. Hill's room or email him.

Your Friendsgiving Invitation

Hosted by Boys & Girls Club it will be in the MVHS Cafeteria, Friday, Nov 18th, 5:30-10pm. We'll be sharing a meal together & enjoying some awesome activities to celebrate the season. We'll be finishing with Charlie Brown Thanksgiving & a surprise movie!

GEAR UP Presents

Class 2023, Come to CCC on Wednesday Nov, 16 and 30 if you haven't complete your financial Aid Application and needs help with it. This is a "space for parents and/or students" to have extra support in this process. Today, Wednesday Nov 16, from 4 pm until 5:30 pm. See you tonight!

Would you like afterschool homework help? Bulldog EDGE is the answer.

Monday-Thursday (except Early Release Days) in the MVHS Library from 2:30-4pm, snacks and late bus available.

COLLEGE & CAREER CENTER

College Application Deadlines - [Click Here](#)

MVHS CLUBS

- ART Club - meets Tues/Thurs, 2:30-4, AG1
- AVID Club - every other Monday, CTE-1, 2:40
- FBLA - Mondays, 2:35PM, CTE9
- FCCLA- meets Mondays, 2:45 pm, NM321
- FFA - Mondays, 2:40pm, in CTE2
- Debate Team - Mon/Tue, 3-5pm, Admin 114
- Gaming Club - White Thursdays, 2:30-4pm, N120
- Key Club - Weds, Early Release, 2:45pm, N206
- LUCHA Club- Thursday's at 2:30 in NM223
- Outdoor Leadership -Frid's, 2:40pm, Friendship Cir
- Pacific Islander Assoc.-Thurs, 2:45pm, OM108
- Pride Club - Mondays, 2:45pm, OM308
- Robotics Team- Tues/Fri, 3:30- 6:30 in CTE 10.
- TSA - meets Thursdays, 2:45pm, CTE 6

IMPORTANT NUMBERS:

- Athletic Office: 360-428-6191**
Sports Schedules and Event Information
- Attendance Office: 360-428-6153**
Report Student Absence or Tardy
- College & Career Center: 360-428-6256**
- Counseling Office: 360-428-6156**
Registration, Schedules, Transcripts, Running Start
- MVSD Student Health Services, 360-428-6151**
- Transportation: 360-428-6147**
Bus and Schedule Information

USEFUL LINKS

- [Art Department](#)
- [College & Career Center](#)
- [Music Department](#)
- [MVHSTV](#)
- [Athletic Event Schedule](#)
- [MVHS Website](#)
- [Student Health Services](#)
- [TEA WITH DR. V](#)
- [Student Health Services](#)
- [MVHS Facebook](#)
- [MVHS Instagram](#)

Science Night is BACK for 2023!

Do you looooooove Science Night? Do you want to help make it happen? You can sign up for the Science Night Fans & Volunteers Google Classroom! You will get Science Night updates and be the first to hear about volunteer opportunities! Students AND Staff can join our Science Night Google Classroom! Join Code: mgnpxvs Science Night is 4/20/23

Juniors

you are all invited to College Bingo on Tuesday 11/22. In the College and Career Center in NM104 During your lunch time. Food will be provided.

Homecoming Portraits Available

All proceeds go towards the free/reduced lunch student discount on yearbooks. [MVHS Homecoming Photos 22/23](#)

Your School Photos Are Ready!

JostensPIX was recently at your school to photograph picture day, and your student's photos are now available for viewing and ordering! Click on the link below to get started. [VIEW AND ORDER PHOTOS HERE](#) Photos not appearing in your gallery? Find your student using event code: FE217522

Join Us Every Day After School!

The Boys and Girls Club meets everyday after school at 2:30 in the cafeteria. Experience VR, Magic Club, and Field Trips! Sign up at [skagitclubs.org](#) or talk to a staff member at the club.

The After School Activities Bus

runs M-TH picks you up outside the cafeteria at 4. Early Release days the bus picks up at 3pm. You will need a bus pass from your teacher and/or activity advisor.

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MVHS DAILY BULLETIN

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MISTAKES & ERRORS

The author of this bulletin is human, so please do not be surprised if there are occasional errors. Thank you.

NOVEMBER 2022

Mount Vernon High School Special

Growing Healthy Students!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7-Nov	8-Nov	9-Nov	10-Nov	11-Nov
PEPPERONI CALZONE MARINARA SAUCE/ TREAT	CHICKEN STRIPS CHIPS	MANDARIN ORANGE CHICKEN POT STICKERS	FLAUTAS Treat	VETERAN'S DAY NO SCHOOL
FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	
14-Nov	15-Nov	16-Nov	17-Nov	18-Nov
CORNDOG CHIP	CHICKEN SALAD CROISSANT CHIPS	BURRITO FRITO CHIPS W/PICO DE GALLO	TURKEY GRAVY AND MASHED POTATOES DINNER ROLL & COOKIE!	CHEESE STUFFED BREADSTICKS TOMATO SOUP GOLDFISH CRACKERS
FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK
21-Nov	22-Nov	23-Nov	24-Nov	25-Nov
CHICKEN STRIPS SUNCHIPS	PIEROGIS	FLAUTAS Treat	THANKSGIVING DAY! NO MEAL SERVICE	NO MEAL SERVICE
FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT AND VEGETABLES		
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK		
28-Nov	29-Nov	30-Nov	1-Dec	2-Dec
CHEESE STUFFED BREADSTICKS MARINARA SAUCE/ TREAT	BREAKFAST FOR LUNCH OMELET, SAUSAGE PATTY BISCUIT	MACARONI AND CHEESE ROLL	MASHED POTATO BOWL POPCORN CHICKEN/CORN	PEPPERONI CALZONE MARINARA SAUCE/TREAT
FRESH FRUIT SALAD BAR	FRESH FRUIT AND SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK



**EACH LUNCH COMES COMPLETE WITH
SALAD BAR OR FRESH VEGETABLE,
CHOICE OF FRESH FRUIT, AND MILK**

Meal Prices:
Elementary Breakfast & Lunch: No Charge
Adult Lunch & Salad Bar: \$5.00
Side Milk: \$0.75

This institution is an equal opportunity provider and employer. Menu subject to change without notice. Questions? Call David Connors, Food Services Director at 360-428-6149