



# MVHS DAILY BULLETIN

Monday, November 14, 2022

This Week's Schedule	
Monday	Green Day - Regular Schedule
Tuesday	White Day - Advisory Schedule
Wednesday	Green Day - Early Release
Thursday	White Day - Regular Schedule
Friday	Green Day - Regular Schedule

Today's Bell Schedule	
Time:	Class Period:
8:00-9:25	1st/5th
9:30-10:55	2nd/6th
<b>11:00-11:30</b>	<b>Lunch A</b>
11:35-1:00	3rd/7th
11:00-11:45	3rd/7th
<b>11:50-12:20</b>	<b>Lunch B</b>
12:25-1:00	3rd/7th
11:00-12:25	3rd/7th
<b>12:30-1:00</b>	<b>Lunch C</b>
1:05-2:30	4th/8th
2:35-4:00	9th/10th

## IMPORTANT DATES

- Winter Sports Start: Monday, November 14
- November Early Release Days: Nov. 16, 23
- Thanksgiving Break-No School: Nov 24 & 25
- Winter Break: Dec. 21, 2022 - Jan. 2, 2023

## UPCOMING ACTIVITIES & EVENTS

- Monday, November 14:
  - ▶ V Girls Bowling at BEHS 3pm, Riverside Lanes
- Tuesday, November 15:
  - ▶ Band Concert, MVHS Auditorium, 7pm
- Wednesday, November 16:
  - ▶ Orchestra Concert, MVHS Auditorium, 7pm
- Saturday, November 19:
  - ▶ Music Dept Craft Fair, MVHS Gym, 9am-3pm

## The Gaming Club

meets on White Thursdays in NM120 after school until the 4:00 bus and we'd love to play super smash brothers with you!

## Senior Parents

The College and Career Center has a video and presentation available to answer questions about the college application process and more. Visit the [MVHS College and Career Center website](#). Parents to watch the video and review the presentation. Ms. Zimmer is available via email at [pzimmer@mvsd320.org](mailto:pzimmer@mvsd320.org) or by phone at 360.428.6256.

## Questions About Transcripts, Running Start, Registration, NCTA, and More?

The MVHS Counseling Department provides students and families resources to help navigate high school and beyond. School counselors can assist you with academics, college and career readiness and personal/social concerns and support. Contact the counseling office at 360-428-6156 or check out their website [MVHS Counseling Department](#)

## Student Parking at MVHS

The Mount Vernon High School allows student drivers to park on campus in the south parking lot and by the tennis courts if they have a parking permit. Permits are issued on a first come, first served basis. Due to construction, this year's spots are and have been limited. Those who do not have a parking permit, are not allowed to park on campus or on the neighboring city streets per city ordinance.

## Senior Corner

### Senior Yearbook Ads

The final day to order your Senior Ad is 2-1-2023. The price will be \$60 for 1/4 page ad and \$120 for 1/2 page ad. [Click here to design your ad.](#)

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## COLLEGE & CAREER CENTER

11/10-Eastern Washington University, 10am, in the C&C Center. Sign up in Naviance.

## MVHS CLUBS

**ART Club** - meets Tues/Thurs, 2:30-4, AG1  
**AVID Club** - every other Monday, CTE-1, 2:40  
**FBLA** - Mondays , 2:35PM, CTE9  
**FCCLA**- meets Mondays, 2:45 pm, NM321  
**FFA** - Mondays, 2:40pm, in CTE2  
**Debate Team** - Mon/Tue, 3-5pm, Admin 114  
**Gaming Club** - White Thursdays, 2:30-4pm, N120  
**Key Club** - Weds,Early Release, 2:45pm, N206  
**LUCHA Club**- Thursday's at 2:30 in NM223  
**Outdoor Leadership** -Frid's,2:40pm, Friendship Cir  
**Pacific Islander Assoc.**-Thurs, 2:45pm, OM108  
**Pride Club** - Mondays, 2:45pm, OM308  
**Robotics Team**- Tues/Fri, 3:30- 6:30 in CTE 10.  
**TSA** - meets Thursdays, 2:45pm, CTE 6

## IMPORTANT NUMBERS:

**Athletic Office: 360-428-6191**  
Sports Schedules and Event Information  
**Attendance Office: 360-428-6153**  
Report Student Absence or Tardy  
**College & Career Center: 360-428-6256**  
**Counseling Office: 360-428-6156**  
Registration, Schedules, Transcripts, Running Start  
**MVSD Student Health Services, 360-428-6151**  
**Transportation: 360-428-6147**  
Bus and Schedule Information

## USEFUL LINKS

[Art Department](#) [College & Career Center](#) [Music Department](#) [MVHSTV](#)  
[Athletic Event Schedule](#) [MVHS Website](#) [Student Health Services](#) [TEA WITH DR. V](#)  
[Student Health Services](#) [MVHS Facebook](#) [MVHS Instagram](#)

## Homecoming Portraits Available

All proceeds go towards the free/reduced lunch student discount on yearbooks. [MVHS Homecoming Photos 22/23](#)

## Your School Photos Are Ready!

JostensPIX was recently at your school to photograph picture day, and your student's photos are now available for viewing and ordering! Click on the link below to get started. [VIEW AND ORDER PHOTOS HERE](#) Photos not appearing in your gallery? Find your student using event code: FE217522

## Join Us Every Day After School!

The Boys and Girls Club meets everyday after school at 2:30 in the cafeteria. Experience VR, Magic Club, and Field Trips! Sign up at [skagitclubs.org](#) or talk to a staff member at the club.

## Afterschool Homework Help? Bulldog EDGE

Monday-Thursday in the MVHS Library from 2:30-4pm

## The After School Activities Bus

runs M-TH (except early release days) picks you up outside the cafeteria at 4. You will need a bus pass from your teacher and/or activity advisor.

## New Bulldog Spirit Gear Store

VHS has switched vendors for our online spirit gear store. The new Under Armour store can be found by visiting the following:

[MVHS Sprit Gear Store](#)

*If you would like to receive the*

**MVHS DAILY BULLETIN**

*please click the  
button to subscribe:*

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### NONDISCRIMINATION

The Mount Vernon School District does not discriminate in employment, programs, or activities on the basis of age, race, color, national origin, creed, religion, sex, sexual orientation, gender expression, gender identity, honorably discharged veteran or military status, or the presence of any sensory, mental or physical disability or use of a trained guide dog or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the District's Title IX/Civil Rights Compliance Coordinator, Bill Nutting, Assistant Superintendent, 124 E. Lawrence Street, Mount Vernon, WA 98273 (360)428-6110; Section 504/ADA Coordinator, Clint Carlton, Executive Director/Student Support Services, 920 S. Second Street, Mount Vernon, WA 98273, (360)428-6141.

### MISTAKES & ERRORS

The author of this bulletin is human, so please do not be surprised if there are occasional errors. Thank you.



# NOVEMBER 2022

## Mount Vernon High School Special

*Growing Healthy Students!*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>7-Nov</b>	<b>8-Nov</b>	<b>9-Nov</b>	<b>10-Nov</b>	<b>11-Nov</b>
PEPPERONI CALZONE MARINARA SAUCE/ TREAT	CHICKEN STRIPS CHIPS	MANDARIN ORANGE CHICKEN POT STICKERS	FLAUTAS Treat	VETERAN'S DAY NO SCHOOL
FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	
<b>14-Nov</b>	<b>15-Nov</b>	<b>16-Nov</b>	<b>17-Nov</b>	<b>18-Nov</b>
CORNDOG CHIP	CHICKEN SALAD CROISSANT CHIPS	BURRITO FRITO CHIPS W/PICO DE GALLO	TURKEY GRAVY AND MASHED POTATOES DINNER ROLL & COOKIE!	CHEESE STUFFED BREADSTICKS TOMATO SOUP GOLDFISH CRACKERS
FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK
<b>21-Nov</b>	<b>22-Nov</b>	<b>23-Nov</b>	<b>24-Nov</b>	<b>25-Nov</b>
CHICKEN STRIPS SUNCHIPS	PIEROGIS	FLAUTAS Treat	THANKSGIVING DAY! NO MEAL SERVICE	NO MEAL SERVICE
FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT AND VEGETABLES		
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK		
<b>28-Nov</b>	<b>29-Nov</b>	<b>30-Nov</b>	<b>1-Dec</b>	<b>2-Dec</b>
CHEESE STUFFED BREADSTICKS MARINARA SAUCE/ TREAT	BREAKFAST FOR LUNCH OMELET, SAUSAGE PATTY BISCUIT	MACARONI AND CHEESE ROLL	MASHED POTATO BOWL POPCORN CHICKEN/CORN	PEPPERONI CALZONE MARINARA SAUCE/TREAT
FRESH FRUIT SALAD BAR	FRESH FRUIT AND SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK



**EACH LUNCH COMES COMPLETE WITH  
SALAD BAR OR FRESH VEGETABLE,  
CHOICE OF FRESH FRUIT, AND MILK**

**Meal Prices:**  
Elementary Breakfast & Lunch: No Charge  
Adult Lunch & Salad Bar: \$5.00  
Side Milk: \$0.75

This institution is an equal opportunity provider and employer. Menu subject to change without notice. Questions? Call David Connors, Food Services Director at 360-428-6149