Regular Schedule				
8:00-9:25	1 st /5 th period			
9:30-10:55	2 nd /6 th period			
11:00-11:30	Lunch A			
11:35 -1:00	3 rd /7 th period			
11:00-11:45	3 rd /7 th period			
11:50-12:20	Lunch B			
12:25-1:00	3 rd /7 th period			
11:00-12:25	3 rd /7 th period			
12:30-1:00	Lunch C			
1:05-2:30	4 th /8 th period			
2:35-4:00	9 th /10 th period			

The Daily Bulletin

Thursday, December 6, 2018

Green Day



Weekly Bell Schedule 12/3-12/7				
Monday	White			
Tuesday	Green			
Wednesday	White-Advisory			
Thursday	Green			
Friday	White Early Release			

News Updates

NEW SAFETY ATTENDANCE PROTOCOL

Parents will need to physically come in for their students to pull them out of school. We will not be taking phone calls or e-mails to release students during school hours. The attendance office will be verifying parent with their ID. Any adult on the students profile can pick up students as long as they have ID to verify who they are. This is for the safety of our students and staff.

Open Weight Room

Open weight Room in the Mornings Monday, Wednesday, Thursday 6:30-7:30 AM Open Weight Room in the Afternoons Tuesday, Wednesday, Thursday 2:45-4:00 PM

PE Make-ups

PE makeup have begun! Please meet in the gym dressed down ready to play by 7am-7:45am on Wednesday Mornings.

Jostens Caps and Gowns

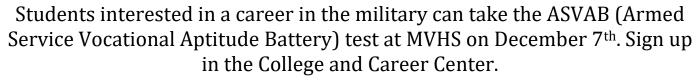
Cap and Gown pricing is currently \$42 (ordered by December 7th). Orders after 12/7 will increase in price. Payment can be in full or via installments. You can contact Scott Krenz for more details at 1-800-567-8367 or online at https://www.jostens.com/apps/store/customer/1118716/Mount-Vernon-High-School/

Important Phone Numbers for the High School

Main Office: 428-6100 Fax: 428-6152 **Counseling Office**: 428-6156 Fax: 428-6157 **Attendance**: 428-6153 Fax: 428-6201 **Athletic Office**: 428-6191 Fax 428-6192 **ASB**: 428-6174 **Fax**: 428-6192 **CTE**: Fax 428-6143

College and Career Center

ASVAB Test





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
	Beef Dippers w/Egg Rolls Peaches Fortune Cookie Salad & Fruit Bar Nonfat & 1% Milk	Mini Burgers Fries Salad & Fruit Bar Nonfat & 1% Milk	Cheeseburger Mac Garlic Bread/Green Beans Salad & Fruit Bar Nonfat & 1% Milk	Breakfast for Lunch Cheese Omelet w/ salsa Hash brown Patty/Sausage Links Sakuma Strawberries Salad & Fruit Bar Nonfat & 1% Milk	French Bread Pizza Caesar Side Salad Salad & Fruit Bar Nonfat Chocolate Milk	
9	10	11	12	13	14	15
	Mandarin Orange Chicken W/ Brown Rice Broccoli Fortune Cookie Salad & Fruit Bar Nonfat & 1% Milk	Spicy Chicken Burger French Fries Salad & Fruit Bar Nonfat & 1% Milk	Homemade Chicken Pot Pie Salad & Fruit Bar Nonfat & 1% Milk	Hot Ham and Cheese Sandwich Lays Potato Chips Salad & Fruit Bar Nonfat & 1% Milk	Variety Pizza Caesar Side Salad Salad & Fruit Bar Nonfat Chocolate Milk	
16	17	18	19	20	21	22
	Buffalo Bites French Fries Salad & Fruit Bar Nonfat & 1% Milk	Cooks Choice Day! Rice Krispie Treat Salad & Fruit Bar Nonfat & 1% Milk		nter Bre		
23	24	25	26	27	28	29
	Winter Break					
30	1	2	3	4	5	6
	Winter	Break	Back to School!			