

Regular Schedule	
8:00-9:25	1 <sup>st</sup> /5 <sup>th</sup> period
9:30-10:55	2 <sup>nd</sup> /6 <sup>th</sup> period
<b>11:00-11:30</b>	<b>Lunch A</b>
<b>11:35 -1:00</b>	<b>3<sup>rd</sup>/7<sup>th</sup> period</b>
11:00-11:45	3 <sup>rd</sup> /7 <sup>th</sup> period
<b>11:50-12:20</b>	<b>Lunch B</b>
12:25-1:00	3 <sup>rd</sup> /7 <sup>th</sup> period
<b>11:00-12:25</b>	<b>3<sup>rd</sup>/7<sup>th</sup> period</b>
<b>12:30-1:00</b>	<b>Lunch C</b>
1:05-2:30	4 <sup>th</sup> /8 <sup>th</sup> period
2:35-4:00	9 <sup>th</sup> /10 <sup>th</sup> period

# The Daily Bulletin

Thursday, December 6, 2018

Green Day



Weekly Bell Schedule 12/3-12/7	
Monday	White
Tuesday	Green
Wednesday	White-Advisory
Thursday	Green
Friday	White Early Release

## News Updates

### **\*NEW SAFETY ATTENDANCE PROTOCOL\***

Parents will need to **physically** come in for their students to pull them out of school. We will not be taking phone calls or e-mails to release students during school hours. The attendance office will be verifying parent with their ID. Any adult on the students profile can pick up students as long as they have ID to verify who they are. This is for the safety of our students and staff.

### **Open Weight Room**

Open weight Room in the Mornings

Monday, Wednesday, Thursday 6:30-7:30 AM

Open Weight Room in the Afternoons

Tuesday, Wednesday, Thursday 2:45-4:00 PM

### **PE Make-ups**

PE makeup have begun! Please meet in the gym dressed down ready to play by 7am-7:45am on Wednesday Mornings.

### **Jostens Caps and Gowns**

Cap and Gown pricing is currently \$42 (ordered by December 7<sup>th</sup>). Orders after 12/7 will increase in price. Payment can be in full or via installments. You can contact Scott Krenz for more details at 1-800-567-8367 or online at <https://www.jostens.com/apps/store/customer/1118716/Mount-Vernon-High-School/>

## Important Phone Numbers for the High School

Main Office: 428-6100 Fax: 428-6152 Counseling Office: 428-6156 Fax: 428-6157

Attendance: 428-6153 Fax: 428-6201 Athletic Office: 428-6191 Fax 428-6192

ASB: 428-6174 Fax: 428-6192 CTE: Fax 428-6143

## **College and Career Center**

### **ASVAB Test**

Students interested in a career in the military can take the ASVAB (Armed Service Vocational Aptitude Battery) test at MVHS on December 7<sup>th</sup>. Sign up in the College and Career Center.

# December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
	<b>Beef Dippers</b> w/Egg Rolls Peaches Fortune Cookie Salad & Fruit Bar Nonfat & 1% Milk	<b>Mini Burgers</b> Fries Salad & Fruit Bar Nonfat & 1% Milk	<b>Cheeseburger Mac</b> Garlic Bread/Green Beans Salad & Fruit Bar Nonfat & 1% Milk	<b>Breakfast for Lunch</b> Cheese Omelet w/ salsa Hash brown Patty/Sausage Links Sakuma Strawberries Salad & Fruit Bar Nonfat & 1% Milk	<b>French Bread Pizza</b> Caesar Side Salad Salad & Fruit Bar Nonfat Chocolate Milk	
9	10	11	12	13	14	15
	<b>Mandarin Orange Chicken</b> W/ Brown Rice Broccoli Fortune Cookie Salad & Fruit Bar Nonfat & 1% Milk	<b>Spicy Chicken Burger</b> French Fries Salad & Fruit Bar Nonfat & 1% Milk	<b>Homemade Chicken Pot Pie</b> Salad & Fruit Bar Nonfat & 1% Milk	<b>Hot Ham and Cheese Sandwich</b> Lays Potato Chips Salad & Fruit Bar Nonfat & 1% Milk	<b>Variety Pizza</b> Caesar Side Salad Salad & Fruit Bar Nonfat Chocolate Milk	
16	17	18	19	20	21	22
	<b>Buffalo Bites</b> French Fries Salad & Fruit Bar Nonfat & 1% Milk	<b>Cooks Choice Day!</b> Rice Krispie Treat Salad & Fruit Bar Nonfat & 1% Milk	<b>Winter Break</b>			
23	24	25	26	27	28	29
	<b>Winter Break</b>					
30	1	2	3	4	5	6
	<b>Winter Break</b>		Back to School!			