

Regular Schedule	
8:00-9:25	1 st /5 th period
9:30-10:55	2 nd /6 th period
11:00-11:30	Lunch A
11:35 -1:00	3 rd /7 th period
11:00-11:45	3 rd /7 th period
11:50-12:20	Lunch B
12:25-1:00	3 rd /7 th period
11:00-12:25	3 rd /7 th period
12:30-1:00	Lunch C
1:05-2:30	4 th /8 th period
2:35-4:00	9 th /10 th period

THE "DOG DISH"

THURSDAY, DECEMBER 7, 2017

GREEN DAY



WEEKLY BELL SCHEDULE 12/4-12/8	
Monday	White Day
Tuesday	Green Day
Wednesday	White Day Advisory
Thursday	Green Day
Friday	White Day

NEWS UPDATES

Seniors!

Seniors! You need to belong to TWO google classrooms for senior success! Important information is posted on these google classrooms! Please join Ms. Weimer's Culminating Project classroom: **zu8g2** This google classroom keeps you up to date on what you need to do for your senior project, and has a ton of resources to help you with your culminating project. That code again is **zu8g2**

The other classroom you need to join is Senior Advisory google classroom. The code for this classroom is utl1yv (all letters are **lower case**). This google classroom keeps you up to date on what we're doing in advisory if you are a senior, and updates you on everything you need to be doing to finish out your senior year and graduate!

That code again is: **UTL1YV**

VOLUNTEER OPPORTUNITY!

Skagit Valley Herald Christmas Fund needs volunteers **DEC.13th & 14th** from 4-6pm & 6-8pm at the Mount Vernon Library. Help hand out gift bags, assist library staff, check in guests and enjoy some cookies with hot cocoa. Volunteers please contact Maria at (360)419-7263.

Hospice of the NW is looking for volunteers!

Please contact Hospice Volunteer Services Manager Erin Long 360.814.5588 or email elong@hospicenw.org

Skagina

Yearbooks are \$65 if ordered by **January 31st**. Order your yearbook with Ms. Duncan in the ASB office. Yearbook orders must be placed by **January 31st** and have less than 50% balance due if students are on a payment plan. Ordering a book is the only way to guarantee a copy for your student(s).

IMPORTANT PHONE NUMBERS FOR THE HIGH SCHOOL

Main Office: 428-6100 Fax: 428-6152 Counseling Office: 428-6156 Fax: 428-6157
Attendance: 428-6153 Fax: 428-6201 Athletic Office: 428-6191 Fax 428-6192
ASB: 428-6174 Fax: 428-6192 CTE: Fax 428-6143

College & Career Center

- New Scholarships are posted on the online Scholarship Bulletin regularly. Check the website often, or stop by the College and Career Center to learn more.

<https://mvhscollegecareer.weebly.com/paying-for-college.html>

Bilingual Seniors and Juniors!

Escuchen por favor! Seniors & juniors who are credit deficient & speak Spanish, Russian, or any other language at home are invited to take the Heritage Language test on January 26 to earn language credits on your transcript. The application deadline is **January 12**. For more information, see Ms. Lewis in OM 300, Ms. Gonzalez in OM 105, or Ms. Chuprinov in the CTE Office. Spacebo! (pronounced Spuh-SEE-buh)

Athletics

- Everyone interested in football next year see Coach Vasilchek in NM 202, 1st/2nd, or 5th/6th periods, or email him at nvasilchek@mvsd320.org
- Weight Room Workouts are as follows:
- Mornings: Monday and Wednesday 6:30 am to 7:45 am with Coach Whitman
- Afternoons: Monday and Thursday 2:45 pm to 4:00 pm with Coach Vasilchek

MVHS EVENTS!

- Mount Vernon High School and the Mount Vernon School District's Highly Capable program will be hosting a FIRST Lego League tournament **Saturday, Dec. 9th** in our high school gymnasium. The action will start around noon. Admission is free.
- Auditions for King Henry the 4th will be **TODAY** after school in the auditorium. You must prepare a Shakespeare monologue for the audition. See Mr. Zickler for details.
- This year we will be hosting a student vs staff Olympics. Our first event will be a basketball game on **Tuesday December 12th** right after school in the main gym. There is a sign up poster in the cafeteria all are welcome.

Clubs

- Key Club meets every FRIDAY in OM109 at 2:40 pm. everyone is welcome to join us.
- Earth club is meeting every Friday after school in NM308! Join us!
- (Student Library Advisory Board) meets 1st&3rd Wednesday each month after school in the library.
- Writing Club, come join us every Monday in OM 204 from 2:40-3:30!
- AVID Club will be meeting on Mondays! Join us at 2:40 in OM104.
- Art Club will be meeting **TODAY and Dec.14th** in CTE-5.
- Come to FCCLA every Thursday at 2:45 in NM321.

Mount Vernon High School

Café Lunch Menu



Meal Prices

Student: Paid	\$3.00
Student: Reduced	\$0.40
Adult: Guest	\$4.00
Milk	\$0.50

Complete your meal with choice of fresh veggies, fruit and milk!

	Monday	Tuesday	Wednesday	Thursday	Friday
Sandwiches & Pizza	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Variety of Gourmet Pizza Choices
Grill	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips
WRAPS	BUILD YOUR OWN WRAP	BUILD YOUR OWN WRAP	BUILD YOUR OWN WRAP	BUILD YOUR OWN WRAP	BUILD YOUR OWN WRAP
Special	Daily Special	Daily Special	Daily Special	Daily Special	Daily Special
Salad Bar	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available

This institution is an equal opportunity provider and employer. Menu subject to change without notice.
Questions? Call David Connors, Food Service Director, at (360) 428-6149.