

Regular Schedule	
6:25-7:50	0 period
8:00-9:25	1 st /5 th period
9:30-10:55	2 nd /6 th period
11:00-11:30	Lunch A
11:35 -1:00	3rd/7th period
11:00-11:45	3 rd /7 th period
11:50-12:20	Lunch B
12:25-1:00	3 rd /7 th period
11:00-12:25	3rd/7th period
12:30-1:00	Lunch C
1:05-2:30	4 th /8 th period

THE "DOG DISH"

TUESDAY, OCTOBER 3, 2017

GREEN DAY



WEEKLY BELL SCHEDULE 10/02-10/6	
Monday	Green Day
Tuesday	White Day
Wednesday	Advisory Green Day
Thursday	White Day
Friday	Green Day

NEWS UPDATES

Picture Retakes!

Picture Make-up day will be **Oct 12th** done by **ALPHA order**.

Also any staff member who hasn't taken a picture, this will also be an opportunity for you to also have your picture taken during this time!

Schedule:

8:05am: A-C	10:35am: P-R
8:35am: D-F	Lunches: 11-1 OPEN ONLY ASSIGNED LUCH!
9:05am: G-I	1:10pm: S- U
9:35am: J-L	1:40pm: V-X
10:05am: M-O	2:10pm: Y-Z

College & Career Center

Juniors and Seniors: 8 more colleges are heading to MVHS this week, including Central, Gonzaga, and Seattle Pacific. Sign up in the College and Career Center with Mrs. Bird. For a complete schedule visit

www.mvhscollegecareer.weebly.com/representative-visits.html

Seniors: The College and Career Center is kicking off a College Application Campaign at MVHS to help seniors navigate the application process. Events are on our website and include UW college workshops, parent and student information sessions, Financial aid workshops and more! To learn more visit

www.mvhscollegecareer.weebly.com

or sign up in the College and Career Center w/ Mrs. Bird.

IMPORTANT PHONE NUMBERS FOR THE HIGH SCHOOL

Main Office: 428-6100 **Fax:** 428-6152 **Counseling Office:** 428-6156 **Fax:** 428-6157

Attendance: 428-6153 **Fax:** 428-6201 **Athletic Office:** 428-6191 **Fax:** 428-6192

ASB: 428-6174 **Fax:** 428-6192 **CTE:** Fax 428-6143

Continued College & Career Center

Sophomore and Juniors: Sign up for the PSAT at the ASB window with Mrs. Duncan. The deadline to sign up is Oct. 11th and the test will be Sat Oct 14th at MVHS.

Seniors: The SAT Deadline is this Thursday Oct 5th for the Nov 4th Test Date. Sign up via your college board account.

Skagina

- Yearbook orders must be placed by January 31st and have less than 50% balance due if students are on a payment plan.
- Ordering a book is the only way to guarantee a copy for your student(s).
- Yearbooks are \$55 if ordered by November 30th and \$65 if ordered by January 31st. The price of our book has dropped from \$60 to \$55 if ordered by November 30th. Before, it was \$75 if ordered after the price increase date. Now it will be \$65.
- Senior Baby ads are being sold in 1/2 (\$75) page and 1/4 (\$40) page sections. Orders for Senior Baby Ads are being accepted from now till - November 3rd. We have 12 total pages for sale, so do not wait too long to place your order. 1/4 page ads have a max of 3 photos and a short message. 1/2 page ads have a maximum of 5 photos and a short message.
- Senior Pictures are due by Friday, October 27th @ 3PM.

Clubs

- Key Club meets every Wednesday in the auditorium at 7:30 am. Everyone is welcome to join us.
- Earth club is meeting every Friday after school in NM308! Join us!
- Like to read; talk about books and promote reading? SLAB (student Library Advisory Board) is the club for you! SLAB meets the 1st and 3rd Wednesday of each month after school in the library. Hope to see you there!
- Poetry club will meet every Monday in OM204 from 2:40-3:30.

GYM

- **Boys Basketball Open Gym is happening Tuesdays and Thursdays 7:30-9:00pm.**
- **Girls' locker room will be locked by 2:45. Make sure you clear out before then. This includes after school activities**

Mount Vernon High School Café Lunch Menu



Meal Prices

Student: Paid	\$3.00
Student: Reduced	\$0.40
Adult: Guest	\$4.00
Milk	\$0.50

Complete your meal with choice of fresh veggies, fruit and milk!

	Monday	Tuesday	Wednesday	Thursday	Friday
Sandwiches & Pizza	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Variety of Gourmet Pizza Choices
Grill	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips
WRAPS	BUILD YOUR OWN WRAP	BUILD YOUR OWN WRAP	BUILD YOUR OWN WRAP	BUILD YOUR OWN WRAP	BUILD YOUR OWN WRAP
Special	Daily Special	Daily Special	Daily Special	Daily Special	Daily Special
Salad Bar	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available

This institution is an equal opportunity provider and employer. Menu subject to change without notice.
Questions? Call David Connors, Food Service Director, at (360) 428-6149.